## TODAY I FEEL...



Happy Grateful Calm Fine Stressed Sad Angry Other Monday ( ( ) ( ) ( ) ( ) ( ) ( ) ( ) Tuesday ( ( ) ( ) ( ) ( ) ( ) ( ) ( ) ( ) Wednesday ( ) ( ) ( ) ( ) ( ) ( ) ( ) Thursday ( ( ) ( ) ( ) ( ) ( ) ( ) ( ) Saturday ((3) (-) (-) (-) (-) (-) (-) (-) 

Week of \_\_\_\_\_ to

